

YOU ARE WARMLY INVITED to join us on a transformative Nature Quest inspired by the teachings of John P. Milton and the way of nature process.

Set amidst the breathtaking landscapes of the Spanish Pyrenees, this journey invites you to reconnect with the wild and deepen your relationship with nature, yourself, and the interconnectedness of life.

Through meditation, solitude, and practices rooted in ancient wisdom, we will explore pathways to clarity, inner peace and inter-being. Together, we'll immerse ourselves in the timeless rhythms of the natural world.

"In these experiences of interconnectedness we can enhance our sense of belonging to our world. This mode of being widens and deepens our sense of who we are ". - Joanna Macy

Logistics

In the pre pyrenees of Catalonia, we will be hosted by a nice ecovillage. The setting will be relatively basic and immersed in stunning nature.

ARRIVAL WEDNESDAY MARCH 12TH 4 PM. CLOSING SUNDAY MARCH 16TH 11AM

Costs & Contribution

- 1. VENUE & 4 NIGHTS STAY
- 2. BREAKFAST, LUNCH & DINNERS
- 3. CONTRIBUTION
- €670 scholarship spots (2 available)
- € 870 standard

Costs & contributions listed are incl VAT



At the heart of this Nature Quest is a 36 hour solo; a unique opportunity to practice relaxation, presence and your sensory refinement in nature.

Vitalizing ingredients:

- · recognizing and releasing tension in the body and mind
- · cultivating presence in full connection with life and nature
- · restoring the innate vitality and receptivity within us
- · recognizing the interconnectedness of all forms in nature
- · experiencing the joy that arises from an authentic connection with our three natures (inner, outer, and true)



We will welcome a maximum of 12 participants. <u>Click here</u> to let us know if you will be joining us.

To learn more

Reach out to

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